



P.O. Box 1144 | Fairport, NY 14450

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September 2020 Newsletter

Facebook Live Training

September 16, from noon - 1 pm, on Zoom, join Chamber members and guests as Edge Advertising Group Co-Owner Diane McClure and Golden Hello Company Co-Owner Kellie



Wright walk you through the steps to use Facebook Live, as a communication tool. We all have experienced the enhanced value of our digital world through COVID. Make it work for you! Register now: https://events.r20.constantcontact.com/register/eventReg? oeidk=a07eh8wzi...

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Annual Membership Meeting - 10/01//2020

Our Annual Membership Meeting will be online via Zoom on October 1, 2020 from 11:00am - 1:00pm. The event will include pass the mic, updates on the chamber, and a presentation from Jefff Reinholtz of Innovative. Registration is required using the link provided. We look forward to seeing you online!

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Wow~time fly's

Wow~it's been 52 weeks of giving Golden Hello gifts to members of the Rochester Community!!! We were able to highlight these great people for going above and beyond with their service they give to our community!! Surprising them was the best part!!! The owners of Golden Hello Company want to thank everyone who nominated someone. They had an overwhelming number of nominees and had to make some hard choices!

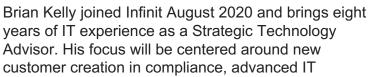


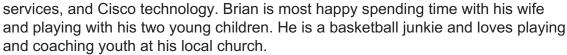
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Infinit New Hires

Infinit Technology Solutions, provider of Engineering Resources and Technology Solutions, is excited to add Lou and Brian to their team!

Lou Barile joined the Engineering Team Infinit as of July 2020. Lou brings over 23 years of networking expertise in routing, switching, security and specializes in Cisco solutions. In his spare time, Lou enjoys listening to music, cooking and training his African gray parrot "Loca."





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Just Solutions was recently honored in the 2020
Rochester Business Journal Reader Rankings. They
were recognized as Best IT Outsourcing Firm, Best
Cybersecurity Company, and Best Internet Service Provider. Thank you to
everyone who took the time to vote - including clients, partners, and friends!

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P.C. Partners Honored



Six Partners at McConville Considine Cooman & Morin, P.C. (MCCM) have been honored - one twice! These MCCM Partners have been named to the 2020 Super Lawyers list: William E. Brueckner, Kevin S. Cooman, Lucien A. Morin, II, Peter J. Weishaar, Peter J. Gregory, and Daniele S. Williford. Peer recognition and achievement have earned them this

recognition. https://www.mccmlaw.com/news/2020/08/31/mccm-attorneys-named-to-2020-edi...

Peter J. Gregory was also named to the 'Forty Under 40' by the Rochester Business Journal. Past winners become panelists who choose young professionals achieving career success and making significant civic contributions to the community. https://www.mccmlaw.com/news/2020/09/04/peter-j-gregory-joins-rochester-...

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Three Things You Can Do NOW To Reach Your Fitness Goals!

Are you upset that the summer is coming to an end?

Has stress caused you to make choices that you wish you did not make?

The past is the past, so here are three things you can do right now to help get you back on track!

#1: Stop thinking about what you did wrong and start focusing on what you can start doing right.



If you enjoyed a few to many milkshakes over the summer, those drinks are already down the hatchet. Worrying about that will only cause you to have a few more. How about you shift your mindset to focusing on what you can do now that helps you get healthier and feeling great about yourself.

#2: Stop watching the news!

A reported metric stated that if you watch 3 minutes of the news in the morning, the likelihood of you saying your day was bad increases by a lot. Start your day off the right way with movement, whether it is going for a walk or working out with a friend.

#3: Hire someone to keep you accountable.

Guess what!? When you have skin in the game you will be that much more committed. Hire a fitness coach or invest in a membership that forces you to show up and guarantees you 45-60 minutes of organized movement to help you reach your goals.

Fit Strength Performance focuses on helping you set SMART goals, meets you where you are at, and helps you stay on track, because consistency will always lead to success!

Email: Mark@Fit-Strength.com for a FREE consultation on how Fit Strength Performance can help you have a successful fall!

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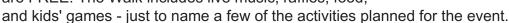
COVID Forces Another Event Cancellation

Another event cancellation due to COVID. This is the second fundraiser cancellation for Embrace Your Sisters (EYS) this year. It would have been their 10th annual walk in Pittsford, along the canal. Year-to-date, EYS has helped 17 breast cancer patients with everyday bill paying, totaling \$24,000. Donations are needed to replace their canceled events to continue their financial outreach across 13 counties, with an all volunteer staff: https://www.embraceyoursisters.org/ways-to-donate

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Step Up for Seniors - Fairport Baptist Homes' Annual Fundraising Walk

Everybody who's anybody will be there! Join WROC's Mark Gruba, the emcee, at Fairport Baptist Homes' (FBH) 8th annual Walk on Saturday, September 26. This Walk increases awareness and raises funds to enhance the FBH's programs and services that benefit thousands of area seniors. The cost to register is just \$20 and includes a free t-shirt - children 12 and under are FREE. The Walk includes live music, raffles, food,



The Walk will begin at the FBH and proceed through the village of Fairport to the canal. One and two+ mile routes are available, with rest stops and water along the way, rain or shine! Social distancing protocols will be followed. Bring your mask.

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Follow the Chamber on Social Media







Click Follow on the Chamber's Social Media

FaceBook.com see Fairport/Perinton Chamber of Commerce

Twitter.com see @ PerintonChamber

LinkedIn.com see Fairport-Perinton Chamber of Commerce

Click, Comment, and Share to earn additional visibility for yourself and the Chamber!

The content submitted to Newsletter@FPChamber.org will also be communicated through the Chamber website, Facebook, Twitter, and LinkedIn pages.

Thank you for your attention and response.

Sincerely,



Jim Bilotta

Fairport Savings Bank Assistant Vice President, Commercial Relationship Manager Chamber President

Contact Us

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